



PMP® ILT Exam Prep Course Outline

Course Overview

The Instructor-Led Project Management Professional (PMP)® Exam Prep Course is a comprehensive, structured learning experience designed to prepare learners for success on the PMP® certification exam while building practical project management capabilities. Grounded in the PMP® Exam Content Outline (ECO), the course integrates key domains—People, Process, and Business Environment—into a cohesive learning journey that emphasizes real-world application, critical thinking, and decision-making. Through a blend of instructor facilitation and applied exercises, learners develop a deep understanding of project management principles. The following outline provides an overview of the course structure and key topics covered in the course.

- **Lesson 1: Welcome** – This lesson introduces the PMP® journey and explores the role of the project professional as an agent of change across career, organization, and community contexts.
Topics:
 - About your instructor
 - About this course
 - About the PMP certification
 - About the exam
- **Topics 2: The Big Picture – Strategy, Value, and Delivery Approaches** – This lesson provides context for the rest of the course. It answers fundamental questions like what a project is, what project management is, as well as foundational concepts like project life cycles and development approaches and project governance. Through reflection and discussion, it addresses common misconceptions, aligns expectations, and establishes an understanding of how strategy, value delivery, and project approaches connect to real-world impact.
Topics:
 - PMP exam domains
 - What is a project?
 - Life cycles and development approaches
 - Introduction to governance
- **Lesson 3: Stakeholders, Vision, and Communication** – This lesson examines how successful projects are grounded in a clear vision and strong stakeholder alignment. Key PMP® concepts are introduced through practical examples and a realistic project scenario, highlighting the role of communication and stakeholder engagement in driving outcomes.
Topics:
 - Identifying and understanding stakeholders
 - Developing a common vision
 - Planning and managing communication
 - Aligning and managing stakeholder expectations
- **Lesson 4: Teams, Conflict, and Knowledge** – This lesson develops capabilities related to leading and supporting high-performing teams. It addresses conflict management, collaboration, and knowledge-sharing practices through realistic scenarios and exam-style questions that reinforce decision-making skills.
Topics:



- Leading and structuring the team
 - Managing conflict
 - Ensuring knowledge transfer
- **Lesson 5: Core Planning – Scope, Value, Resources, Finance, and Risk** – This lesson establishes a foundation in project planning, including scope definition, value alignment, resource allocation, financial planning, and risk management. Emphasis is placed on the interconnected nature of planning decisions and their impact on project success.
 - Topics:**
 - Developing scope and value orientation
 - Risk and compliance foundation
 - Planning and managing finance
 - Planning and managing resources
 - **Lesson 6: Integrated Planning – Method, Plan, Schedule, Quality, and Procurement** – This lesson integrates planning components into a cohesive and actionable roadmap. It covers the selection of delivery approaches, development of integrated plans, estimation of work, schedule development, and alignment of quality and procurement strategies to support value delivery.
 - Topics:**
 - Developing an integrated project management plan and plan delivery
 - Planning and managing the schedule
 - Planning and optimizing the quality of products and deliverables
 - Planning and managing procurement
 - **Lesson 7: Execution, Monitoring, Change, and Impediments** – This lesson focuses on executing project plans, monitoring performance, and communicating progress. It also introduces structured approaches to change management and techniques for identifying and removing impediments to maintain project momentum.
 - Topics:**
 - Evaluating project status and managing artifacts
 - Planning and controlling changes
 - Removing impediments and managing issues
 - **Lesson 8: Business Environment Dynamics, Continuous Improvement, and Closure** – This lesson explores how projects operate within dynamic organizational and environmental contexts. It addresses environmental change, organizational transformation, continuous improvement practices, and effective project and phase closure to ensure sustained value.
 - Topics:**
 - Evaluating external business environment changes
 - Supporting organizational change
 - Continuous improvement
 - Managing closures
 - **Lesson 9: Next Steps – Eligibility, Application, and Exam Readiness** – This lesson prepares learners to complete the PMP® certification process. It covers eligibility requirements, the application process, audit considerations, exam scheduling, and strategies to support exam readiness and success.
 - Topics:**
 - Checking eligibility
 - Completing the application
 - Paying for and scheduling the exam